



January 2008
WSA Match Racing 101 Clinic
Liz Baylis, US Women's Match Racing Champion



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On the water drills

Match Racing 102 Clinic

January 17-18, 2009

2 Day Intermediate Match Racing Clinic

WSA and host club SCCYC present the first sailing clinic of 2009!

Expand your match racing experience and learn from world class sailors in a two day clinic featuring classroom and on the water instruction

- Match racing RRS changes for '09-'12
- Advanced starting strategies
- Successful penalty turns
- Learn slam dunks, dip and shoot, and more
- Loose or tight cover, when and how

- What:** Two day intermediate match racing clinic
When: January 17-18, 2009
Where: SCCYC clubhouse, 13445 Mindanao Way, Marina del Rey, Ca 90292
Time: 8.30 am to 6 pm
Cost: \$115 per person, including lunch daily*
Other: Dinner provided by SCCYC on Saturday evening, along with a no-host bar after each days on the water session

This two day clinic will focus on intermediate match racing strategy, rules and maneuvers, including new rules taking effect with the 2009-2012 RRS update.

Classroom instruction, followed by daily on the water practice, capped off with a single round robin (time permitting) should create an exciting learning environment for participants. Daily de-briefings, with video, will add to the excitement.

Participants with previous match race experience, past clinic attendees, and pre-qualified sailors are invited to attend. Portions of the printed materials will be distributed via email in advance for review. Lunch will be provided daily, as well as dinner on Saturday evening after the de-brief. Course materials are provided and yours to keep!

*Discounted rate available, please inquire for details. Deposit required (\$20) at time of enrollment.

Please contact Kim Stuart, at clinic@wsasmb.org or 602.502.5467 if you would like to reserve, as space is limited.